

Summary

There is a fine line between education and a burden of knowledge. If you know little about preparedness this will be a good starting point. If you already have a solid family plan in place there should be some new ideas you have not considered. I have also removed firearms from this document to make this a neutral list to fit both conservative and liberal political views. In general, if you are prepared for a three day power outage, geographic natural disasters, a home invasion, car jacking attempt, and communication with your family and friends if cell phones and the internet are not working you can handle most every other common emergency.

[EVACUATE] below refers to a preplanned location you and your family have either supplied like a lake house or a planned city a distance away with plenty of hotel options.

Bible Verses

1. Proverbs 27:12 New Living Translation (NLT)

“A prudent person foresees danger and takes precautions.

The simpleton goes blindly on and suffers the consequences.”

2. Ecclesiastes 11:2

“Divide your portion to seven, or even to eight, for you do not know what misfortune may occur on the earth.”

3. Proverbs 13:16

“A wise man thinks ahead; a fool doesn’t, and even brags about it!”

Possible Threats

1. House Fire
2. Active Shooter
3. Attempted Car Jacking
4. Home Invasion
5. Short Term Power Outage (1 Hour to 3 Day)
6. Mid Term Power Outage (3 Days to 1 Month)
7. Long Term / No Power Restoration (1 Month to Unknown)
8. Transportation Fuel Hard to Find / Not in Area
9. Communication Systems Down Natural
10. Communication Systems Down Manmade
11. Communications Systems Down Expected Long Term [EVACUATE]
12. High Risk Threat on Roadways (Continued Protestors)
13. Physical Attack on Roadways in Immediate Area (Vehicle IEDs) [EVACUATE]
14. Conventional Explosive Attack (Small) On Two Exit paths from City [EVACUATE]
15. Conventional Explosive Attack (Large) In City [EVACUATE]
16. Water Supply Compromised Locally
17. Critical Infrastructure Coordinated Attack (Comms, Internet, Water, Power, Gasoline, Natural Gas) [EVACUATE]
18. CBRNE Attack (Chemical, Biological, Radiological, Nuclear, Explosive) [EVACUATE]
19. EMP (Electro Magnetic Pulse) - if possible [EVACUATE]

Basics to Family Preparedness

1. Printed Laminated Contact Card
 1. Immediate Family Phone Numbers and Addresses
 2. Home Address
 3. Evacuation Location Address

4. Local, Distance, Regional Evacuation Locations
 1. Names, Phone Numbers, Addresses
5. Family Code Words (CONFIDENTIAL)
 1. One Word - Go Home Now Shelter In Place (Regional Threat[9/11])
 2. One Word - Go Home Prepare Everything to Leave City and Evacuate
2. Stocked Trauma Kit
3. APS Backup Battery for Refrigerator, Modem/Wifi, Television
4. Canned or Freeze Dried Food 2 weeks (Home and Evacuation Location) [Rotate Supply]
5. 2 Manual Can Openers
6. Water Supply 1 Week (3 Gallons Per Person Per Day)
7. 100 Miles Gasoline (5 Gallons)/100 Miles Electric Car Charge (Generator/Power Wall)
8. Cash for 6 Months (Bills, Groceries, Fuel, Medication)
9. 2 Way Radios, GMRS/FRS (1 for Each Family Member)
10. GoTenna Mesh (1 for Each Family Member)
11. Battery Powered SAME Weather Radio
12. Over The Air Antenna
13. Rugged Footwear
14. Multitool
15. Basic Hand Tool Kit
16. Winter Cloths
17. Summer Cloths
18. Camping Propane Stove
19. Quality Flashlight (1 Per Family Member)
20. Board Games
21. Have a Plan to Leave City to a Less Populated Area with Minimum 3 Ways to Evacuate
22. Method to Secure Your Home from an Active Home Invasion
23. Training Avoiding a Vehicle Threat (Alone and with family)
 1. Person Running To Your Vehicle with a Knife
 2. Person Running to Your Vehicle with Gun
 3. Group Mobbing Your Vehicle with and without Weapons
24. How to Call 911 and What to Say
 1. Where
 2. What
 3. Call Back Number
 4. Who
25. Digital Life
 1. Digital Picture Backup (Standard Family Pictures, Artwork, Jewelry, Antiques [Identifying Characteristics])
 1. Onsite
 2. Offsite
 2. Financial, Legal Documents (Marriage/Birth), Deeds, Titles
 1. Hard Copy at Home
 2. Hard Copy in Fire / Water Resistant Offsite Location (Safety Deposit Box vs. Safe)
 3. Digital Scans at Home Encrypted
 4. Digital Scans Offsite Encrypted
 5. Mobile Encrypted Thumb-drive in Bug Out / Evacuation Bag
 3. Serial Numbers
 1. Firearms
 2. Expensive Electronics (Macbook Pro)
 3. Other Important Items
26. Proximity Key Faraday Bag

Take Away Questions

1. How do I talk to my family if cell phones and internet go down?
2. Where will we go in the event we need to evacuate?
3. What do we take if we need to evacuate on short notice?
4. What is our cut off to leave Dallas?
5. Are our computers and hard drives backed up regularly? Are they backed up away from our home quarterly?
6. What do we do if someone is attempting a home invasion? (If you do not believe in having firearms what is your distance defense choice?)
7. If the water stops flowing where will you get water for drinking and cooking for 3 days?
8. What if the power is out for at least 3 days?
9. Do we have a code word to get home or to evacuate to not alert others?
10. Do we have a kidnapping or abduction plan?
11. What is our regional natural disaster? What do we do?
12. What do we have if there is a major trauma? First Aid bag? Training?

Where to Start

1. Hand Crank Radio, Over the Air Antenna paired with UPS Battery
2. Portable Batteries for Phones
3. Laminated Contact Card in Wallet or Purse
4. Apps
 - I. Life 360
 - II. The Weather Channel
 - III. Downdetector
 - IV. Gas Buddy
 - V. 5-0 Radio / Broadcastify
 - VI. Google Maps (Offline)
5. Paper Road Maps
6. Car Battery Booster Pack / Air Compressor
7. 2 Days Bottled Water for each person
8. 3 Days Non-Perishable Food
9. 10 Gallons Gasoline
10. Medium Trauma Kit with Needed Medications
11. \$500 in cash small bills